


DUNKIRK-FREDONIA MEALS ON WHEELS

Phone 366-8822

COLD

JULY 2017 - Alternate COLD NOON Menu

1/2 pint 1% Milk served with each meal / Meals subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Egg Salad Sandwich Orange Juice Carrot Salad Chocolate Pudding</p>		<p>5</p> <p>Sliced Turkey Sandwich Marinated Vegetables Peaches, Muffin</p>	<p>6</p> <p>Roast Beef Sandwich Carrot Raisin Salad Applesauce Lorna Doones</p>	<p>7</p> <p>Tuna Salad Sandwich Potato Salad Orange Juice Donut</p>
<p>10</p> <p>Cold Cut Sub Vegetable Pasta Salad LS Vegetable Juice Pears</p>	<p>11</p> <p>Seafood Salad on Croissant Coleslaw Grape Juice Pudding</p>	<p>12</p> <p>Egg Salad Sandwich Green Pea Salad Plums Mandarin Gelatin</p>	<p>13</p> <p>Chef Salad Cucumber Salad Fruit Punch Seasonal Fruit</p>	<p>14</p> <p>Sliced Turkey & Cheese Sandwich Mediterranean Salad Orange Juice, Cereal Bar</p>
<p>17</p> <p>Tuna Salad Sandwich Corn Relish Salad Pears Pound Cake</p>	<p>18</p> <p>Cold Meatloaf Sandwich Pickled Beets Tropical Fruit Lorna Doones</p>	<p>19</p> <p>Cottage Cheese Peaches & Pears Muffin Loaf Lemon Pudding</p>	<p>20</p> <p>Sliced Turkey Sandwich Vegetable Pasta Salad Mandarin Oranges Apple Juice</p>	<p>21</p> <p>Roast Beef Sandwich Coleslaw Pineapple Juice Muffin Loaf</p>
<p>24</p> <p>Chicken Salad Sandwich 3 Bean Salad Fruited Gelatin Seasonal Fruit</p>	<p>25</p> <p>Ham Salad Sandwich Potato Salad Yogurt Orange Juice</p>	<p>26</p> <p>Egg Salad Sandwich Texas Caviar Peaches Cookie</p>	<p>27</p> <p>Sliced Ham & Swiss Sandwich LS Veg. Juice, Coleslaw Cereal Bar</p>	<p>28</p> <p>Seafood Salad on Croissant 3 - Bean Salad Grape Juice Cookie</p>
<p>31</p> <p>Salami & Cheese Sandwich Macaroni Salad Mandarin Oranges Fruit Punch</p>	