

DUNKIRK-FREDONIA MEALS ON WHEELS

196 Newton Street, Suite 5 • Fredonia, NY 14063 • 366-8822

COLD

JULY 2018 - Alternate COLD Noon Menu

1/2 pint 1% Milk served with each meal / Meals subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Salami & Cheese Sandwich Macaroni Salad Fruit Punch Mandarin Oranges (Margarine)	3 Egg Salad Sandwich German Potato Salad Juice Pudding		5 Sliced Turkey Sandwich Marinated Vegetables Peaches Muffin (Mayonnaise)	6 Roast Beef w/ cheese Sandwich Carrot Raisin Salad Pineapple, Lorna Doones (Horseradish Sauce)
9 Tuna Salad Sandwich Potato Salad Orange Juice Donut	10 Cold Cut Sub Vegetable Pasta Salad LS Vegetable Juice Pears (Mayonnaise & Italian Drsg.)	11 Seafood Salad on Croissant Hawaiian Coleslaw Grape Juice Pudding	12 Egg Salad Sandwich Green Pea Salad Fruit Cup Muffin	13 Chef Salad Cucumber Salad Juice, Roll Cookie (Margarine - 2 Dressings)
16 Sliced Turkey & Cheese Sandwich Sandwich Potato Salad Seasonal Fruit Cereal Bar (Mayonnaise)	17 Tuna Salad Sandwich Mediterranean Salad Apricots Pound Cake	18 Cold Meatloaf Sandwich Pickled Beets Tropical Fruit Cup Lorna Doones (Ketchup)	19 Cottage Cheese Peaches & Pears Muffin Lemon Pudding	20 Sliced Turkey Sandwich Vegetable Pasta Salad Juice Mandarin Oranges (Mayonnaise)
23 Roast Beef Sandwich Macaroni Salad Pineapple Juice Cookie (Horsey Sauce)	24 Chicken Salad Sandwich 3 Bean Salad Fruited Gelatin Seasonal Fruit	25 Ham Salad Sandwich Potato Salad Vegetable Juice Yogurt	26 Egg Salad Sandwich Texas Caviar Tossed Salad 24 hr Dessert (Salad Dressing)	27 Sliced Ham & Swiss Sandwich Potato Salad, Applesauce Cereal Bar (Mustard)
30 Seafood Salad on Croissant 3 - Bean Salad Grape Juice Cookie	31 Salami & Cheese Sandwich Macaroni Salad Fruit Punch Mandarin Oranges (Margarine)			