

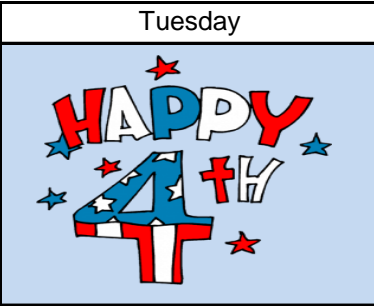

DUNKIRK-FREDONIA MEALS ON WHEELS

Phone 366-8822

HOT

JULY 2017 - Hot Noon Menu

1/2 pint 1% Milk served with each meal / Meals subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Stuffed Cabbage Roll Carrots Biscuit 24 hr. Fruit Dessert</p>		<p>5 Mild Italian Sausage w/ Peppers & Onions Pasta w/ Sauce Italian Vegetables Apple Juice, Muffin</p>	<p>6 Roast Pork w/Gravy Mashed Potatoes Peas Bread Lorna Doone Cookies</p>	<p>7 Sloppy Joe on Bun Corn Potato Salad Fresh Fruit</p>
<p>10 Chicken Drumsticks Scalloped Potatoes California Vegetables Bread, Yogurt</p>	<p>11 Manicotti w/ sauce Spinach Garlic Roll Grape Juice, Pudding</p>	<p>12 Hawaiian Chicken w/ Pineapple Ring Rice, Carrots Mandarin Gelatin Muffin</p>	<p>13 Goulash Broccoli Fruit Punch, Corn Bread Cookie</p>	<p>14 BBQ Pork on Bun Calico Beans Orange Juice Apricots</p>
<p>17 Chicken Cordon Bleu Mashed Potatoes Mixed Vegetables, Bread Pound Cake</p>	<p>18 Hot Dog on Bun Macaroni & Cheese Stewed Tomatoes Tropical Fruit Cup)</p>	<p>19 Beef Tips in Mushroom Gravy over Noodles Peas w/ onions Biscuit, Lemon Pudding</p>	<p>20 Pepperoni Pizza Capri Vegetables Apple Juice Fruit Crisp</p>	<p>21 Ham Slice w/ crushed Pineapple Glaze Sweet Potatoes, Wax Beans Juice, Muffin Loaf</p>
<p>24 Cheeseburger on Bun Baked Beans Carrots Fresh Fruit</p>	<p>25 Cheese Omelet Hash Browns Orange Juice Small Donut Apples w/ Craisins</p>	<p>26 Spaghetti & Meatballs Tossed Salad Bread Peaches</p>	<p>27 Breaded Fish Sandwich Mixed Vegetables Coleslaw Apple Slices</p>	<p>28 Italian Lasagna Broccoli Grape Juice Garlic Roll Cookie</p>
<p>31 Chicken Fingers Sweet Potato Nuggets Green Beans, Juice Bread, Pound Cake</p>				<p>JULY</p>