

DUNKIRK-FREDONIA MEALS ON WHEELS

196 Newton Street, Suite 5 • Fredonia, NY 14063 • 366-8822

HOT

JULY 2018 - Hot Noon Menu

1/2 pint 1% Milk served with each meal / Meals subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">2</p> <p>Chicken Fingers Sweet Potato Nuggets Green Beans, Bread, Juice, Pound Cake (Honey-Mustard Sauce, Margarine)</p>	<p style="text-align: center;">3</p> <p>Stuffed Cabbage Roll Carrots Biscuit, Juice Pudding (Margarine)</p>		<p style="text-align: center;">5</p> <p>Mild Italian Sausage w/ Peppers & Onions on roll Macaroni Salad Italian Vegetables Apple Slices (Mustard)</p>	<p style="text-align: center;">6</p> <p>Roast Pork w/Gravy Mashed Potatoes Peas, Bread Lorna Doone Cookies (Margarine)</p>
<p style="text-align: center;">9</p> <p>Sloppy Joe on Bun Corn Potato Salad Fresh Fruit</p>	<p style="text-align: center;">10</p> <p>Chicken Drumsticks Scalloped Potatoes California Vegetables Bread, Yogurt (Margarine)</p>	<p style="text-align: center;">11</p> <p>#2 Manicotti w/ sauce Spinach Garlic Roll Grape Juice, Pudding (Margarine)</p>	<p style="text-align: center;">12</p> <p>Souper Chicken Rice Pilaf, Carrots Fruit Cup Muffin (Margarine)</p>	<p style="text-align: center;">13</p> <p>Goulash Broccoli Fruit Punch, Corn Bread Cookie (Margarine)</p>
<p style="text-align: center;">16</p> <p>BBQ Pork on Bun Calico Beans Potato Salad Seasonal Fruit</p>	<p style="text-align: center;">17</p> <p>Chicken Cordon Bleu Mashed Potatoes Mixed Vegetables, Bread Pound Cake (Margarine)</p>	<p style="text-align: center;">18</p> <p>Hot Dog on Bun Macaroni & Cheese Stewed Tomatoes Tropical Fruit Cup (Ketchup & Mustard)</p>	<p style="text-align: center;">19</p> <p>Beef Tips in Mushroom Gravy over Noodles Peas w/ onions, Juice Biscuit, Lemon Pudding (Margarine)</p>	<p style="text-align: center;">20</p> <p>Pepperoni Pizza Capri Vegetables Juice Fruit Crisp</p>
<p style="text-align: center;">23</p> <p>Ham Slice w/ Pineapple Sweet Potatoes, Wax Beans, Bread Pineapple Juice Cookie (Margarine)</p>	<p style="text-align: center;">24</p> <p>Cheeseburger on Bun Baked Beans Carrots Seasonal Fruit (Ketchup & Mustard)</p>	<p style="text-align: center;">25</p> <p>Cheese Omelet 2 Sausage Links Vegetable Juice Small Donut Apples w/ Craisins (Margarine)</p>	<p style="text-align: center;">26</p> <p>Spaghetti & Meatballs Tossed Salad, Bread 24 hour Dessert (Marg, Parm Cheese, Salad Dressing)</p>	<p style="text-align: center;">27</p> <p>Grilled Chicken Breast Mixed Vegetables Coleslaw Cornbread, Apple Sauce (BBQ Sauce, Margarine)</p>
<p style="text-align: center;">30</p> <p>Italian Lasagna Broccoli Grape Juice Garlic Roll Cookie (Margarine)</p>	<p style="text-align: center;">31</p> <p>Corn Dog w/ Mustard Sweet Potato Nuggets Green Beans Bread, Juice Pound Cake (Margarine)</p>			