

DUNKIRK-FREDONIA MEALS ON WHEELS • 196 Newton Street, Suite 5 • Fredonia, NY • 366-8822

***** Must meet specific criteria to receive a cold evening meal and this meal CANNOT replace the hot noon reheatable meal*****

AUGUST 2020 - COLD EVENING MENU

1/2 pint 1% Milk served with each meal / Meals subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Cold Cut Sub W/Lettuce & Tomato Wheat Hot Dog Roll 3 - Bean Salad Small Donut</p>	<p>4</p> <p>Salami & Cheese Rye Bread Marinated Vegetable Salad Cereal Bar</p>	<p>5</p> <p>Sliced Turkey Wheat Bread Carrot Raisin Salad Pineapple</p>	<p>6</p> <p>Omelet Orange Juice Muffin ~OR~ Loaf</p>	<p>7</p> <p>Tuna Salad Wheat Bread Cucumber Salad Cookie</p>
<p>10</p> <p>Roast Beef W/Horsey Sauce Rye Bread Potato Salad Small Brownie</p>	<p>11</p> <p>Sliced Ham & Cheese W/Mayo Wheat Bread Pickled Beets Seasonal Fruit</p>	<p>12</p> <p>Chicken Salad Wheat Bread Green Pea Salad Cereal Bar</p>	<p>13</p> <p>Sliced Ham Wheat Bread 3 - Bean Salad Mandarin Orange</p>	<p>14</p> <p>Seafood Salad Croissant Pasta Salad Small Yogurt</p>
<p>17</p> <p>Egg Salad Wheat Bread Macaroni Salad Petite Banana</p>	<p>18</p> <p>Cold Meatloaf Wheat Bread German Potato Salad Cookie</p>	<p>19</p> <p>Egg Salad Wheat Bread Copper Carrot Salad Muffin ~OR~ Loaf</p>	<p>20</p> <p>Ham Salad Croissant Cucumber Salad Pineapple</p>	<p>21</p> <p>Bologna & Cheese Wheat Bread Low Sodium V8 Seasonal Fruit</p>
<p>24</p> <p>Turkey & Cheese W/Mayo Wheat Bread Pickled Beets Tropical Fruit</p>	<p>25</p> <p>Roast Beef & Provolone W/Horsey Sauce Wheat Bread Corn Relish Cereal Bar</p>	<p>26</p> <p>Tuna Salad Wheat Bread Macaroni Salad Vanilla Pudding</p>	<p>27</p> <p>Chicken Salad Wheat Bread Mediterranean Salad Fruit Cocktail</p>	<p>28</p> <p>Peanut Butter & Jelly Wheat Bread Coleslaw Pears</p>
<p>31</p> <p>Sliced Turkey Wheat Bread Pasta Salad Muffin ~OR~ Loaf</p>				