

DUNKIRK-FREDONIA MEALS ON WHEELS

*** Must meet specific criteria to receive a cold evening meal and this meal **CANNOT** replace the hot noon reheatable meal***

MARCH 2021 - COLD EVENING MENU

1/2 pint 1% Milk served with each meal / Meals subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
1 Egg Salad Wheat Bread Barley Salad Fresh Apple	2 Cold Cuts w/Cheese Wheat Bread Pasta Salad Plums ~OR~ 4 oz Grape Juice	3 Sliced Turkey Wheat Bread Corn Relish Small Donut	4 Ham Salad Wheat Bread German Potato Salad Pound Cake	5 Tuna Salad Wheat Bread 3 - Bean Salad Fresh Orange
8 Ham & Cheese Wheat Bread Coleslaw Cereal Bar	9 Sliced Turkey Wheat Bread Cucumber Salad Fresh Apple	10 Chicken Salad Wheat Bread Carrot / Raisin Salad Small Yogurt	11 Cold Meatloaf Wheat Bread Macaroni Salad Fruit Salad	12 Turkey & Cheese Wheat Bread Pickled Beets Lorna Doones
15 Egg Salad Wheat Bread Pizza Pasta Salad Chocolate Pudding	16 Sliced Ham Wheat Bread Texas Caviar Mandarin Oranges	17 Chef Salad w/Egg, Diced Turkey & Cheese 1 Slice Wheat Bread Baby Carrots Cookie	18 Peanut Butter & Jelly Wheat Bread Green Pea Salad Tapioca Pudding	19 Cottage Cheese & Hard Boiled Egg Wheat Crackers Vegetable Juice Small Brownie
22 Cheese Omelet Wheat Bread Yogurt Fresh Orange ~OR~ 4 oz Orange Juice	23 Salami & Cheese Wheat Bread Macaroni Salad Plums	24 Roast Beef Wheat Bread Catalina Carrot Salad 24 Hour Dessert	25 Bologna & Cheese Wheat Bread Potato Salad Cookie	26 Seafood Salad Croissant Marinated Vegetable Salad Fig Cookies
29 Cheese Pizza Baby Carrots Cookie	30 Egg Salad Wheat Bread Barley Salad Fresh Apple	31 Cold Cuts w/Cheese Wheat Bread Pasta Salad Plums ~OR~ 4 oz Grape Juice		

